

|                 |  |
|-----------------|--|
| Event name/date |  |
|-----------------|--|

|                       |  |
|-----------------------|--|
| Lifter name           |  |
| Mailing Address       |  |
| City, State, Zip code |  |
| Email address         |  |
| Phone                 |  |
| USAW member #         |  |
| Expiration date       |  |
| Club                  |  |
| Year of Birth         |  |
| Gender                |  |
| Weight Class          |  |
| Entry Total in kilos  |  |
| Opening snatch        |  |
| Opening clean & jerk  |  |

In consideration of acceptance of application of entry, I, the undersigned, intend to be legally bound, hereby, for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against the City and County of Honolulu, DAARTTS Barbell Club, USA Weightlifting, it's agents, representatives, assigns, or successors for any injuries suffered by me at this contest in which I may participate.

|  |  |
|--|--|
| Competitor signature   |  |
| Date   |  |
| Signature of parent or guardian (if competitor is under 18 years of age) |  |